



**MINUTES OF THE REGULAR MEETING
OF THE CITY OF LA CAÑADA FLINTRIDGE
PARKS & RECREATION COMMISSION
HELD ON WEDNESDAY, JANUARY 11, 2017**

PRELIMINARY BUSINESS

1. Call to Order

Chair Olson called the meeting to order at 6:05 p.m.

2. Roll Call

Commissioners Olson, Decker, Kamar, Koblin and Kambe present.

3. Pledge of Allegiance

4. Comments from the Public

None

5. Approval of December 14, 2016 Regular Meeting Minutes

M/S/C: Commissioner Kambe/Kamar to Approve the December 14, 2016 Commission Regular Meeting Minutes. (4-0-1) (Chair Olson Abstained), Approved.

NEW BUSINESS

6. Discussion of Health and Wellness Activities

Senior Management Analyst Parseghian presented the staff report.

Commissioner Decker stated her intent of creating a program for regular recreational activities at the park. She stated her desire to have monthly or weekly activities at the park as the weather permitted. She also stated the City wouldn't need to provide food/snacks in order to minimize the costs.

Commissioner Koblin recommended reaching out to the Community Center as a partner. He stated the Community Center could assist with the coordination efforts.

Commissioner Kambe stated the activities could be 50 minutes long and themed around a goal.

Chair Olson supports the idea of having different types of activities.

Senior Management Analyst Parseghian explained regular recreational activities would mean the City creating a year round recreational program. He explained the City does not have such programs due to lack of resources. In addition, he stated the City has partnered with local non-profit organizations in the City for such programs. Therefore, the City could partner the Community Center as the lead of the program with City's provided support.

Commissioner Kambe suggested rather than a year round program, the City could hold two-month long activity, focused around health and fitness. He

recommended a two-month long activity titled "Spring into Shape" to be held on Saturdays in the Months of April and May.

Commissioner Decker supported the idea of a two-month long activity.

Vice Chair Kamar stated availability of several fitness oriented businesses within the community which could partner with the City for each week's activity.

Senior Management Analyst Parseghian stated the staff will work with Commissioner Decker on the program details.

Chair Olson suggested discussing the hiking club at a later date as the Commission would be busy with the activity at the park.

Commissioner Decker suggested planning the hiking activities in Summer.

Commissioner Kambe suggested a hiking program titled "Hike the City". He explained the program will schedule hikes at various trails in an effort to hike all trails within the City.

CONCLUDING BUSINESS

11. Staff Comments.

Senior Management Analyst Parseghian provided an update regarding the FIS and Cornishon Field Gate Accessibility Improvement. He stated the Joint Use Subcommittee approved the design and the staff will beginning requesting bids from contractors. He also provided an update regarding the FIS Tennis courts. He stated the Joint Use Subcommittee meeting will recommend approving the project pending identification of funds.

12. Items for Future Agendas.

Chair Olson asked to agendize a discussion regarding expanding the City's Music In the Park into the winter holidays.

Commissioner Decker asked about the timing to discuss the scheduling for next year's Music In the Park.

Senior Management Analyst Parseghian stated the item will be on the agenda for the February meeting.

13. Comments from the Commission.

Vice Chair Kamar wished everyone a Happy New Year.

ADJOURN

Chair Olson adjourned the meeting at 6:55 p.m.



**Arabo Parseghian, Senior Management Analyst
(Staff Liaison to the Commission)**